



Premier CrossFit Policies Related to Pricing and Attendance

1. Terminology – A class time is denoted as such:
 - a. 2x Week means that you attend a regularly scheduled class 2x per week during the 4 week programming schedule (8 classes)
 - b. 3x Week means that you attend a regularly scheduled class 3x per week during the 4 week programming schedule (12 classes)
 - c. Add On Class – any class taken in addition to the 2x week or 3x week scheduled class
2. Payment Options – For regular class attendees, payments are due at the beginning of each 4 week programming period. Clients can also make purchase mid cycle. Purchases made for Add On Classes or Drop In visits may be purchased at the time of service. Participants may:
 - a. Pay at the club
 - b. Pay online via website
3. Reserve Spot in Class - To reserve your class time visit the Schedule & Sign Up section on our website. You will be able to create your personal profile, make purchases and reserve your spot in class. We suggest that you enroll in a set class (example Tues/ Thur 530AM). This will enable the class coach to better help you reach your goals. We understand that you may not be able to schedule regular class attendance, and that is okay. You can schedule classes a la carte as well. To enroll in an Elements course, contact a CrossFit coach directly.
4. Missed/ Make Up Classes - We ask that you follow these guidelines for class make ups:
 - a. If you miss a class, you can make it up under these guidelines:
 - i. You missed for a good reason (sleeping in is not a good reason)
 - ii. You notified your coach ahead of time or the day before class
 - b. To make up a class:
 - i. You must get approval from your coach to make up your class in their or another coach's program.
 - ii. You may not drop into a sold out class. (15 = sold out class)
5. Class Credit Policy - In most cases, missed class credit(s) should not rollover into the next month – it should be taken within that month's program. Exceptions will apply as deemed fair due to issues such as injury or a significant number of approved class credits.
 - a. 2 or less credits must be made up in the month in which they were provided
 - b. 3 or more must be used within 60 days from which they are provided
 - c. If you are no longer able to attend class and have approved class credits, you may apply them towards a family member.
6. Open Gym Policy - We do not have "Open Gym" time in the CrossFit box. Please attend a regularly scheduled class or schedule a private session with a CrossFit Coach.